

The Sentinel

July 2024

Our Saviour's Lutheran Church is a dynamic community, centered in Christ, called, nurtured and sent-to celebrate, serve and do justice.



**Propelled by the Holy Spirit
To Tell The Good News!**



Dear Beloved Members of **OSLC** !

It has been an incredible honor to serve as your lead pastor over these past three months. I've cherished our meaningful conversations and the opportunity to walk alongside you in faith, family, health, and mental well-being. Together, we've explored new ways of worship and shared the Good News through daily life.

I'm grateful for the trust you've placed in me, especially in our one-on-one conversations and times of prayer together. Your stories are precious, and I'm thankful for the privilege of holding them.

Beyond our church walls, I've been blessed to engage with our neighbors. From meetings with organizations like Greater Minneapolis Council of Churches (GMCC) and Park Ave and Phillips neighborhood meetings and gatherings, to discussions with city officials about our community garden and advocacy work with ISAIAH faith clergy and ALIGN Minneapolis, it's clear that our community is vibrant and caring.

Looking ahead, I wanted to inform you of my upcoming schedule. From July 12-21, 2024, I'll be with our youth at MYLE and the Youth Gathering in New Orleans. Subsequently, I'll be in Indonesia from July 24

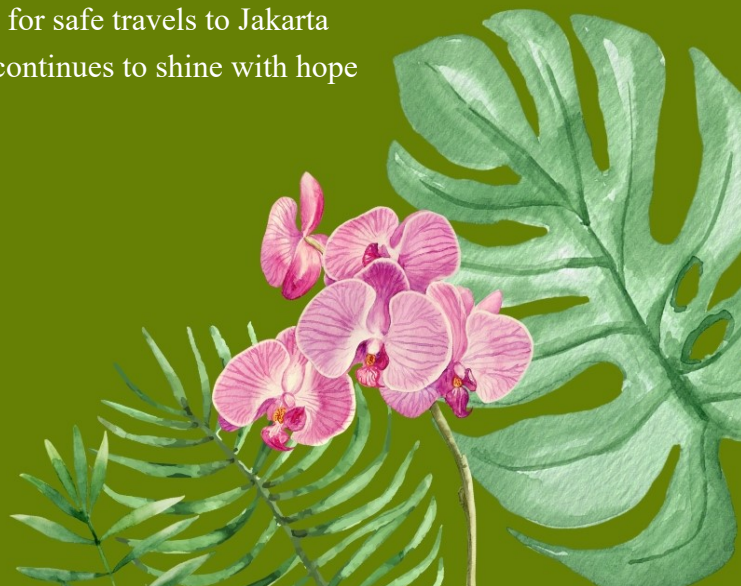
to August 10 to visit my mom and handle visa matters in Jakarta. During this time, I will miss Sundays July 28, August 4, and 11 (if my jet lag is manageable, I will be able to attend). My son Jonah will leave earlier to go to Indonesia on July 10 because he would like to spend more time with my mom (his grandmother)!

Please keep me and my son Jonah in your prayers for safe travels to Jakarta and back. I'm excited to see how our community continues to shine with hope and love in my absence.

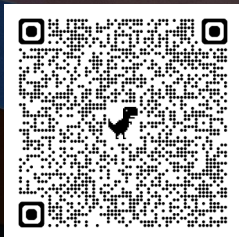
In faith and gratitude,

Pastor Esther

(she/her)



We celebrate our LGBTQIA+ beloveds. Here are some articles (please use the QR Codes) about drag worship led by one of my good friends, John Brett
Pastor Esther



Ale Suarez, speaking about their path to ministry, living out their call, spiritual practices and how the church can better serve marginalized communities.



A beautiful prayer by Pastor Jae from At Table Mpls.

Pride Prayers

God we pray for your power in our lives
In the messy mosaic of our grief and joy
Enter and liberate us to love
More freely, more openly, more loudly
Lord, enter and liberate us to express
ourselves
More freely, more openly, and ever more
fabulously
Amen.

Communion Bread Baking – Saturday, June 29th at 9am

Nancy Johnson

It's time to bake some communion bread! All ages are welcome to help – though young children should come with a parent. No experience necessary. We should be done by 11am or so.



New Hope Academy Parking Code effective July 1st

Nancy Johnson

We have a new code for parking at the Hope Academy parking ramp on 24th and Park Ave. This code will be effective from July 1st thru Sept 30th. Pick up a card at church with the new code. You may also call the church office for the code.



Lutheran Night at Target Field – Monday, August 12th

Nancy Johnson

Join Lutherans from around the state for Lutheran Night at Target Field, Monday Aug 12th. The Twins are playing the Kansas City Royals at 6:40pm. Our seats are in section 221, rows 1-3. Tickets are \$32.

Sign up now! Tickets must be ordered by July 21st.

Questions, contact Nancy Johnson at n2j2@comcast.net

**OSLC Property Post: Look for the next update in early July on
our Property Reimagining Blog at oslcproperty.weebly.com**



Come help Kathy prepare meals for OSCS shelter residence!

Pastor Esther

This coming Saturday June 29 meet at 6:15 PM in our kitchen, earlier if cooking is required. Then we move over to the shelter at 6:30 PM. Serve at 7 PM and return to our kitchen around 8-8:30 PM.

Let Kathy know if you can make it by email: kathyfurey7@gmail.com or send text to: 651-703-7166.

Next opportunity to help will be on July 29.

Raise funds to help other BIPOC youth to New Orleans!

Pastor Esther

This Sunday, after worship, there will be a table outside the narthex with 30 envelopes available. Each envelope is marked with a number representing a suggested donation amount. For instance, if your envelope says #20, you're encouraged to donate \$20 or more. Alongside your donation, please keep the youth profile card with you and pray for them.

If you are able to contribute, please consider taking one or more envelopes this Sunday, as it will be the final day we're accepting donations.

Guest Preacher - Tre Tellor

Pastor Esther

On Sunday July 14th, we will have a guest preacher named Tre Tellor. Tre is a Worker Solidarity Organizer and graduated from Augsburg University in 2022. He is a Black Marxist-Autonomist, Amateur Liberation Theologian. Please welcome Tre to our church and thank him for spending his time with us.

Pastor Grant Stevensen will be presiding.

**Before coming to worship, stop by
at our garden on 2215 Chicago Ave!**

Bring your bag and take plenty of **arugula
and **cherries!****

Enjoy our garden space!



**Communion Bread
Baking – Saturday,
June 29th at 9am**
Nancy Johnson

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We should be done by 11am or so.



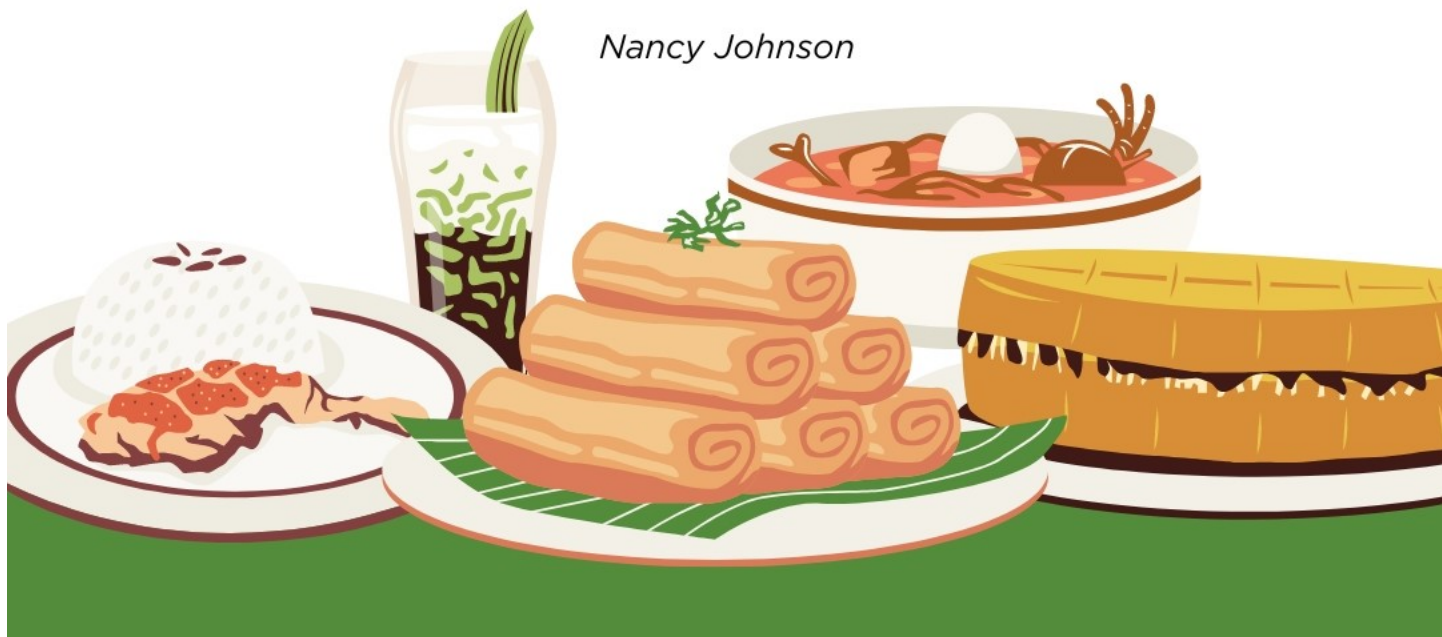
SUMMER POTLUCK

Sunday July 7th, following the outdoor worship

Join us for our Summer Sunday potluck following church on Sunday July 7th. Please bring a salad (lettuce, pasta, grain, vegetable, bean, etc), ready made sandwiches, chips, fruit, veggies, or dessert to share. We will also need help at 10am to received food and set up, during the potluck, and afterward to clean up.

Please contact me at n2j2@comcast.net if you can help that day.
All are welcome to stay for the meal!

Nancy Johnson



Be surrounded by Our Saviours in your home on Sunday, July 7th!

Cammy Horne

It is that time of year when I will be pruning several of the plants that reside at Our Saviours. Research states, *"Not only do indoor plants enhance the overall appearance of a space, but studies show they boost moods, increase creativity, reduce stress, and eliminate air pollutants—making for a healthier, happier you. Indoor plants don't just look good—they can make us feel good, too."* (The Sill)

I will put the cuttings from various Our Saviours plants in vases and set them on two tables in the Hospitality Room. There will also be a description and plant care instructions for you to take with you along with your favorite plant cutting. There are plants that thrive in full sun and others that just need indirect light. Bring a piece of Our Saviours home with you and let the plants surround you with the joy that our wonderful church gives to all.

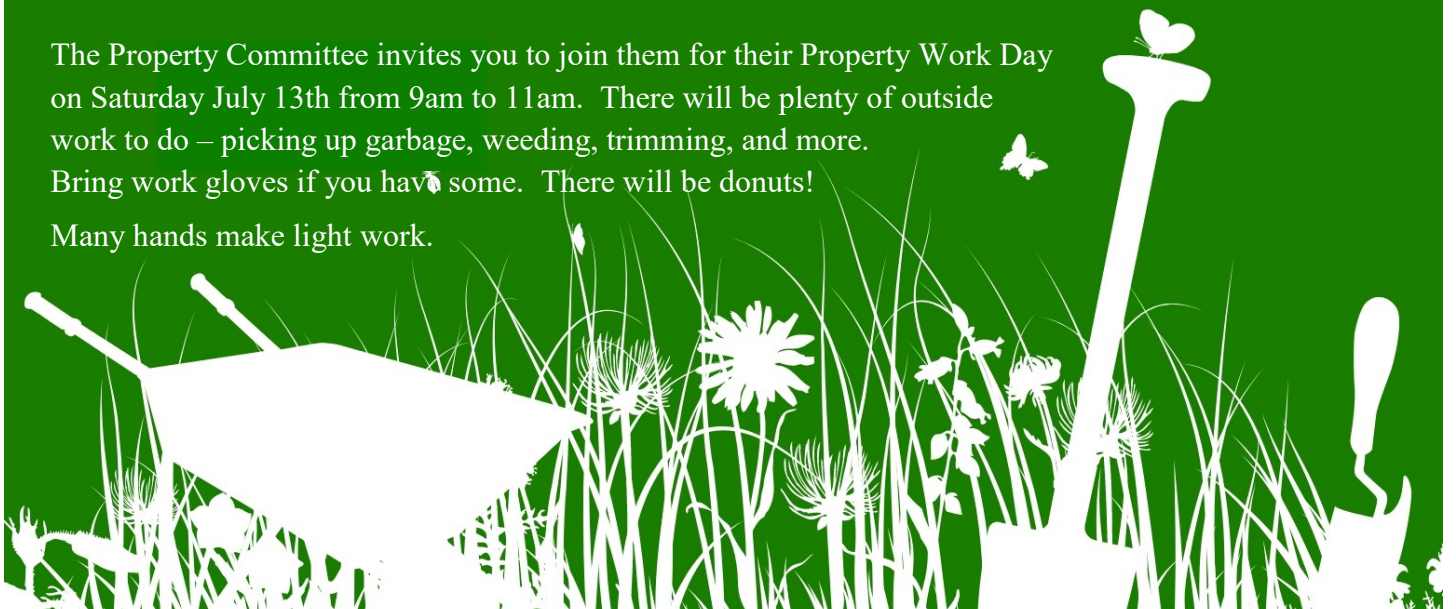


Property Work Day – Saturday July 13th from 9am to 11am

Nancy Johnson

The Property Committee invites you to join them for their Property Work Day on Saturday July 13th from 9am to 11am. There will be plenty of outside work to do – picking up garbage, weeding, trimming, and more. Bring work gloves if you have some. There will be donuts!

Many hands make light work.



Wilderness Canoe Base, July's Mission of the Month

Linda Thorson

Our Saviour's has a special relationship with Wilderness Canoe Base that spans decades, and it's our Mission of the Month in July! This summer many members of Our Saviour's will participate in an intergenerational family camp weekend. In the spring OSLC members volunteer to help clean and open the camp. Women from OSLC attend the Women's Wilderness Adventure in September. Take some time this month to learn about this place.

The impact of your gift

When you give to Wilderness Canoe Base, your gift supports Christ-centered camp experiences that change lives. Your gift of any amount will help accomplish the following:

Provide Opportunities for Campers

It has always been the policy that no one be denied the opportunity to come to camp because of their financial situation. Your gift helps support a robust campership program that provides scholarships to hundreds of campers each year.

Create Meaningful Experiences for Campers and Counselors

Camp changes lives! Your gift allows people to experience God in a different context. Living, learning, and playing in Christian community surrounded by God's beautiful creation provides a unique experience for people of all ages.

Provide a Sacred Space for Camp to Take Place

Your gift supports high quality programs, facilities and staff that provide a great setting for people to experience, grow in, and learn about God's great love for them. Your gift helps to provide everyone a safe place to experience that love! Wilderness is transforming lives and nurturing faith-filled leaders for tomorrow.

Calling youth and adults at OSLC - Be part of Building Beloved Community camp this summer as a youth leader/ volunteer!

Youth will receive a \$150 stipend!

Pastor Esther

Our fun ecumenical day camp is back this summer at a new location - Diamond Lake Lutheran Church.

Our dates this year are August 19 - 23. Registration is open! We need more volunteers/young mentors to help with the kids! Please register as a youth leader or adult volunteer on the day camp website

(www.smplsdaycamp.org - click on high school leaders) to sign up. Youth will receive a \$150 stipend for helping out! You must be entering 9th grade in this coming Fall 2024. Looking forward to a fun and faith-forming summer with many of you!

Calling all kids, youth and adults at OSLC -

Be part of Building Beloved Community camp this summer!

Pastor Martha

Our fun ecumenical day camp is back this summer at a new location - Diamond Lake Lutheran Church. Our dates this year are August 19 - 23. Registration is open! To register as a kid participant, youth leader, or adult volunteer, please visit the day camp website (www.smplsdaycamp.org) to sign up.

Looking forward to a fun and faith-forming summer with many of you!



**M on da y – F r iday,
August 19-23, 9a - 4p**

Hosted by
Diamond Lake Lutheran Church

Sponsored by more than a dozen
Minneapolis congregations
Programming for entering:

K-5th grade

6-8 grades

High School Leaders

BE NOT AFRAID



A progressive ecumenical day camp experience offering faith formation in a fun, safe, Christ centered and relational setting. Worship, crafts, music, and games make for a fun and meaningful week of beloved community.

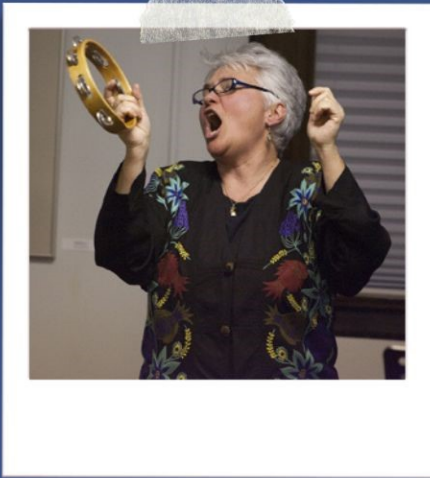
We are committed to making camp accessible to everyone who wants to come and are grateful for the abundant generosity of this community that supports one another! Our registration fee is based on a sliding scale and any donations given by others is used to defray the cost so everyone can attend.

Register here:

(<https://www.smplsdaycamp.org/>)



Save the date



Join us for these two special events as we send Mary Preus off with gratitude, blessing, and much singing!

A Concert and Community Sing Celebrating Mary Preus

Saturday, September 21 at 6:30 pm

A musical event for all ages, featuring Bread for the Journey on their "We're not stale yet!" reunion tour and the beloved OSLC choir. A dessert reception will follow the singing.

A Service of Thanksgiving and Farewell

Sunday, September 29 at 10:30 am

We will bless and send Mary with gratitude and joy in worship, followed by sharing in a lunch and program celebrating her 30+ years of serving as the worship and music director at OSLC.

Creation Care with Buildings

Amy Blumenshine

One of the major ways we forge our beloved community here at OSLC is by inspiring each other. As the headlines scream of people hurting people we also need to pay attention to those building the Common Good. With the devastation of extreme weather events now also in the headlines, it's too easy to think there is nothing we can do. This article lifts up for our inspiration two projects that lower the carbon dioxide output from buildings, a necessary climate-saving goal for our north region.

OSLC members Linda Thorson and Jeannie Heer decided to implement geothermal heating and cooling at their house in 2013 as a way of minimizing their use of fossil fuels. Plastic pipes of fluid (mostly water) were inserted in horizontal loops in their yard 20 feet down and 12 feet apart. Their trees have not appeared disturbed by this. This fluid is a near constant temperature of 50-55 degrees. They use electricity to raise it to the desired house heating temperature. The system also pre-heats their water heater. In the summer, they can use that cool water to cool their home.

They've been paying \$236 annually in maintenance and the system is supposed to last 50 years. And while geothermal costs more to install initially, it should be a cost saver over the long term. "I wanted to save money and save the environment," said Linda. She explained that they're no longer tethered to the fossil fuel system, which both makes their home more resilient and feels good. "The weather is telling us all we have to make changes," she said. When she looks back comparing their energy use before geothermal, "It's satisfying," explained Linda.

The OSLC Greening Campus team is among those urban folks considering geothermal "wells"—vertical pipes that go deep into the ground. Nearby, the American Swedish Institute and Mt. Olive Lutheran are both using geothermal systems for their individual buildings. A Twin Cities contractor is among the leaders in the nation installing large scale district geothermal, one of the options promoted by the People's Climate and Equity Plan in Minneapolis with which OSLC participates.

A local development team is also addressing the climate challenge. Their new 12 unit building replaces a single family house. Clever design and great insulation have produced natural light-filled units at near net-zero with rooftop solar. Check out FireFly <https://www.firefly-lynlake.com/> which is certified nationally as Zero Energy Ready—as well as promoting sustainable living.

"We want to have a positive environmental impact and a positive community impact," said architect Adam Bradley Jonas. "We can't solve everything by making a building, but we can definitely do better."

Owner/developer Jay Rajaratnam hopes to be in Minneapolis for the long haul and is thinking of his kids as he builds solar-powered, all-electric, neighborhood-scale homes that will stand the test of time.

Together they've formed not just a model sustainable dwelling for 12 households, but are key promoters of the Sustainable Building Collaborative which shares high performance building innovations among architects and developers. The Green Campus team hopes to benefit from pioneers mentioned in this article.

Thus we participate in the learning bend towards creation care!

**Lectionary Text for
Home Devotions**

July 7

Ezekiel 2:1-5
Psalm 123
2 Corinthians 12:2-10
Mark 6:1-13

July 14

Amos 7:7-15
Psalm 85:8-13
Ephesians 1:3-14
Mark 6:14-29 June 23

July 21

Jeremiah 23:1-6
Psalm 23
Ephesians 2:11-22
Mark 6:30-34, 53-56

July 28

2 Kings 4:42-44
Psalm 145:10-18
Ephesians 3:14-21
John 6:1-21

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Minneapolis MN 55404**

PRAYER LIST

- Pastor Martha Schwehn Bardwell for a well rested sabbatical
- Carmen Bargen, Lynn Bargen's sister in law, fighting cancer
- Carmen Wesch, Lynn and Mary Bargen's friend, going through major medical condition
- Jacentia and Luke, Karen Winan's grandchildren for safety and healing
- Bill, Karen Winan's nephew, healing after having neck surgery
- Joel's family, Marilyn, Mary and Sara Preus and the entire family as they grieve for the recent passing of Joel Preus in France
- Reginald Page, dealing with major health issues
- Hawah Borbor, undergoing physical therapy for her foot
- Anton Moore, undergoing physical therapy
- Noah, Bruce Pederson's son, undergoing treatment for prostate cancer
- Deanna Thompson, Linnea's mother, who has a recurrence of breast cancer
- Mulki, daughter of our quilting neighbor Kadrah, dealing with a genetic skin condition
- Mary Thurow, for accurate diagnosis
- Sequoya, looking for a job near by her home
- Those who are in need of jobs, transportation, food and security
- Peace in Gaza, Ukraine and in the world

We love to pray for you and your loved ones. Please reach out to Pastor Esther at esther@oursavioursmpls.org or call her at the office or her mobile phone for prayer requests, or fill out the prayer request form in the pew and place it on the offering plate during our Sunday worship together.

How to Reach Us

Our Saviour's Lutheran Church
2315 Chicago Ave
Minneapolis MN 55404
612-871-2967
oursavioursmpls.org

Pastor:

Martha Schwehn Bardwell (on sabbatical leave)

Esther Sianipar option 4

Music Director:

Mary Preus option 6

Office Manager:

Marcin Cienski option 7

OCS 612-871-5900

Executive Director:

Michael Huffman option 1

Deadline for the August 2024 Sentinel is Monday, July 29

Our Saviour's Lutheran Church July 2024

July 2024 at Our Saviour's

Tuesday, July 2	12:45pm-2:00pm	Staff Meeting
Wednesday, July 3	10:15am-12:00pm	Bible Study in Person and on Zoom
Thursday, July 4	9:00am-12:00pm	Gardening in our Community Garden
Friday, July 5	7:00am	Men's Breakfast @ Butter BakeryCafe
Sunday, July 7	10:00am	Hospitality
	10:30am	Worship in the Sanctuary and Online followed by a Potluck
Monday, July 8	7:00am-8:30am	Council Meeting (Zoom)
Tuesday, July 9	12:45pm-2:00pm	Staff Meeting
	4:00pm-5:30pm	Meal for the Encampment (kitchen)
Wednesday, July 10	10:15am-12:00pm	Bible Study in Person and on Zoom
Thursday, July 11	9:00am-12:00pm	Gardening in our Community Garden
Saturday, July 13	9:00am-11:00am	Property Work Day
Sunday, July 14	10:00am	Hospitality
	10:30am	Worship in the Backyard and Online (Tre Tellor guest preacher, Grant Stevensen presiding)
Tuesday, July 16	12:45pm-2:00pm	Staff Meeting (CR)
Wednesday, July 17	10:15am-12:00pm	Bible Study in Person and on Zoom
Thursday, July 18	9:00am-12:00pm	Gardening in our Community Garden
Sunday, July 21	10:00am	Hospitality
	10:30am	Worship in the Sanctuary and Online (Pastor Martha presiding)
Tuesday, July 23	12:45pm-2:00pm	Staff Meeting (CR)
	Noon-1:30pm	Campus Awareness Lunch and Learn
Wednesday, July 24	10:15am-12:00pm	Bible Study in Person and on Zoom
Thursday, July 25-28		Wilderness Family Camp
Sunday, July 28	10:00am	Hospitality
	10:30am	Youth Led Worship in the Sanctuary and Online
Monday, July 29		Sentinel Deadline
Tuesday, July 30	12:45pm-2:00pm	Staff Meeting (CR)
Wednesday, July 31	10:15am-12:00pm	Bible Study in Person and on Zoom

