

The Sentinel

July 2023

*Our Saviour's Lutheran Church is a dynamic community,
centered in Christ, called, nurtured and sent-
to celebrate, serve and do justice.*

Building Beloved Community – At day camp and every day

We had over 15 kids and four adult volunteers participate in Building Beloved Community day camp this summer—yeah! It was a really fun and meaningful faith-forming week, and it was a gift to share songs and stories from camp with the OSLC community last Sunday in worship.

It was a joy to hear Sadie Lindley, one of our youngest day campers, sharing at the mic on Sunday that she is moving forward with an Earth clean-up for us to participate in. Plans are afoot from some of the older members of the body of Christ who put more stock in 'planning ahead' to figure out how to make a way for the rest of us to partner with Sadie in this sacred task. Sadie reminds us that the work of building beloved community is not confined to a fun week of camp, nor is this work something just for adults – it is the work we are called to every day, every week, thanks be to God.

I am going to leave you all with this wonderful song the kids wrote at camp with songwriter Tim 'Gus' Gustafson. Gus wrote the refrain ahead of camp, then collected their ideas and wove them into the verses. May these words inspire you to keep walking with Jesus, our Creator and the Holy Spirit to build beloved community in the places where we dwell and are called.

Building a Beloved Community

We are building a beloved community;
We are building it together, yeah, you and me.
And we're building it for every person, animal, and plant.
We're gonna keep on building it up as best we can.

Strong community is built on love (built on love!)
Strong community is built on care (built on care!)
Strong community is built on justice (built on justice!)
Strong community is fair and square (fair and square!) *(to chorus)*

If our neighbors need a living wage (living wage!)
If our neighbors can't find dignity (dignity!)
If our neighbors need a place to live (place to live!)
We will work to change society (society!) *(to chorus)*

If the fish need cleaner water to survive (to survive!)
If the wild turkeys need a place to stay (place to stay!)
If the butterflies and bees can't find the pollen (find the pollen!)
We are going to have to change our ways (change our ways!) *(to chorus)*

**This is happening in our Garden!
Blossoming Yarrow**



Council Update

Allyson Green

Approved \$1,000 from our Strategic Initiatives fund to support the neighborhood mosque fire recovery, which may include directing funds to the existing Masjid Rahma fundraiser or splitting funds between both mosques as needs arises

Approved \$200 from our Strategic Initiatives fund to help co-sponsor the Totally Fabulous, All-Generations, Queer Prom on June 16th from 7 pm to 10 pm at SpringHouse Ministry Center (610 W. 28th Street in Minneapolis) as part of Pride Month

Approved a Ministry Imagination Grant proposal to the Minneapolis Area Synod to continue and expand Sam Bardwell's work around the Gospel of Mark performance

Considered whether we might be able to host a fundraiser for the East Phillips Neighborhood Institute's purchase of the Roof Depot site (still exploring this in partnership with EPNI)

We look forward to meeting again on July 9 to meet and vote on a candidate recommendation from the Call Committee!

As always, stay in touch about what you're experiencing and hearing in our community.
And have some fun this summer!

-Allyson Green

green.allyson@gmail.com

608-512-6929

Thank you from Our Saviour's Community Services and Our Saviour's Housing

Mike Huffman, Executive Director

Dear OSLC Church,

We are so grateful for the continued support you provide to OSCS in so many ways. Your financial gifts and generosity for Our Saviour's Housing through the Mission of the Month this spring are making an impact. Thank you!

Property Work Day

Join the Property Committee for a workday at church on Saturday July 8th from 9am to 11am. There will be plenty of work outside, from picking up garbage, to weeding and trimming. There may be some inside jobs too. Bring some gloves to wear outside for yard work if you have them. Donuts, coffee and water will be available. Many hands make light work.

The Hundredth Birthday of Two Global Churches will be held *July 8-9, 2023, in the Twin Cities*

The Sudan Mission that gave birth to the Evangelical Lutheran Church in Cameroon and the Evangelical Lutheran Church of the Central African Republic set foot in Douala in 1923, and a half million Lutherans, there and here, are going to celebrate. We gather at Luther Seminary in St. Paul, 9:00 to 5:00 on Saturday, July 8th, and we worship at Central Lutheran in Minneapolis at 10:30 a.m. on Sunday, July 9th. Bishop Jean Baïguele of Cameroon will be among the speakers on Saturday, and Bishop Elizabeth Eaton of the United States will be preaching on Sunday.

Registration is closing, but walk-ins are welcome. Come join us.

A Sacred Invitation from All Nations UCC church:

“A Child of the Indian Race: A Story of Return”

by Sandy White Hawk

July 9 at 3pm – Book reading, conversation, honoring and meal

During the neighborhood inreach, I met with Mimi Goodwin, who is now serving as the interim pastor at All Nations Indian Church UCC where Marlene Whiterabbit Helgemo used to serve. In the course of our conversation, she told me that they are hosting a powerful event and invited OSLC to attend.

The event is to host Sandy White Hawk (Sicangu Lakota), who works as the Director of Healing Programs for the Native American Boarding School Healing Coalition. She has written a book called “A Child of the Indian Race: A Story of Return” about her experience of being removed from her Lakota family and reservation and adopted into a white family as a toddler.

It would be wonderful to have a strong showing of OSLC members at this event. This kind of invitation is what we have been praying for as we have been out in the neighborhood seeking deeper relationships and partnership possibilities. Our reparations team has been wondering – having uncovered the fact that we donated to an Indian boarding school decades ago, what kind of repair and healing might we be drawn into by the Spirit in this time and place? Then, this event fell into our lap. And, Pastor Mimi invited us to sponsor a star quilt to honor Sandy White Hawk. What an honor! The reparations team conferred and said, “of course!”

The event starts at 3pm and will include a reading, conversation, honoring, and a meal. Hope to see you there. If you do intend to go, please let me (Pastor Martha) know. Pastor Mimi had requested rough numbers of OSLC attendees as they plan the feast.

Wilderness Canoe Base, July's Mission of the Month

Our Saviour's has a special relationship with Wilderness Canoe Base that spans decades, and it's our Mission of the Month in July. In August, our youth will go on a canoeing trip at Wilderness Canoe Base, and 25 of our members will participate in an intergenerational family camp weekend. Take some time this month to learn about this place. Consider donating funds to repair winter damage to the roof of the Drying Rack.

Here are some links to resources to learn more or ask for a personal story too!

- To see beautiful pictures from the work trip this spring, click on Julie's Facebook post here: <https://www.facebook.com/groups/OurSavioursMPLS/permalink/10159950732824620/>
- To learn more about Wilderness Canoe Base, click here: <https://lakewapo.org/our-story/> and/or read about their story. Try a mindfulness practice like this: read, breathe reflect in a cycle for each part of the mission:

- * Connect Higher
- * Go Higher
- * See Longer
- * Go Deeper



OUR STORY

In today's world, deep experiences of adventure, community, and faith are hard to find. The world around us is moving faster than ever; more digital, more isolated, with more of life happening inside four walls. Yet as humans, we crave something higher, something wider, something deeper. We crave the opportunity to explore, to connect, and to find joy. We crave experiences that can help us grow into our true selves, the people we are meant to be.

Rooted in the love of Christ, the three sites of Lake Wapogasset Lutheran Bible Camp, Inc. (LWLBC) are an invitation to go deeper—to experience high adventure, wide community, and deep faith moments that will transform how you see the world and yourself. Time spent with us is transformative as you encounter the love of Jesus Christ in shared adventures, community fellowship, and deep exploration of your faith.

Our Saviour's Shelter Meal—we need your help.

Shelter meals dates coming up: **July 29 & 31**, Coordinator needed for **July 31**.

Thanks in advance.

Kathy Furey (651-703-7166)

Calvary Food Shelf thank you

Dear Our Saviour's members, Thank you for your generous gift to the Calvary Lutheran Food Shelf during the FoodShare Campaign. The Food Shelf continues to serve the community because of friends like you.

Thank you.

Lost and Found

If you lost a clothing item, an umbrella or anything else please check in the office . Our lost and found pile is growing bigger and bigger.

July 12 - Wednesday morning bible study will be in person!

Come to Our Saviour's by 10:15am and join in with our hosts, Mike Troutman and Amy Blumenshine who will be providing treats.

Zoom option will be available.



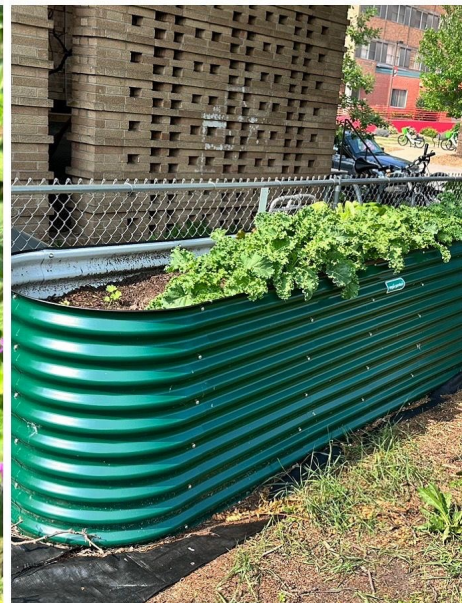
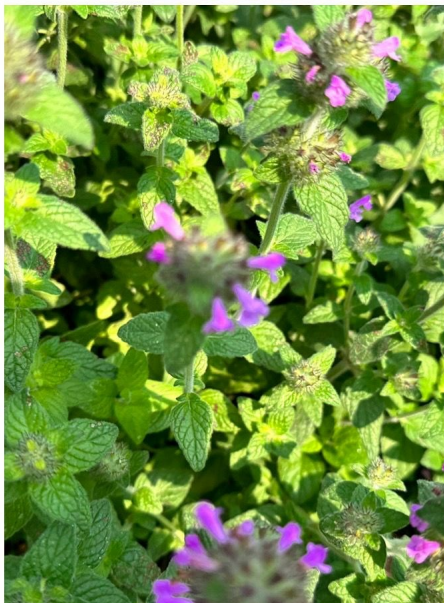
Chicago Ave. Garden update – come on by!

The garden is taking off! Squash, corn and beans have sprouted in the Three Sisters garden. The plum tree has many tiny plums growing bigger day by day. The tomato plants are in. The native plants are blooming for pollinators.

How can you get your hands in the dirt, and/or just sit and enjoy the beauty? Two main ways this summer:

-Weekly garden workdays are Thursday mornings from 9:30ish-12ish. We have started a garden volunteer WhatsApp group and would happily add anyone who wants weekly updates on what we're up to. Please contact Harmon Abrahamson to be added. And if you need orientation to WhatsApp, we are happy to help! It's easy.

-We will have some pop-up garden tea on Sunday mornings before 10:30 worship, starting at 9:30am. The second one will be **Sunday, July 30**. See the other article about this opportunity!



Kitchen is in need of dinner forks

The kitchen is in need of more dinner size forks. If you are at a garage sale or thrift store, take a look and see if you can find some that would work. We could use around 25 more to start.

They don't need to match.

Questions, contact Nancy Nygaard Johnson or Jeanne Asp.

Come to the Garden Tea Party



Join us at the Chicago Avenue Garden (just north of Our Saviour's Housing) on **Sunday, July 30**, at **9:30 AM**.

Enjoy a beverage and a treat. There will be music and fun.

See what is growing and ready to share! Find out what will soon be ready to pick!

This is our second intergenerational garden party. Everyone is welcome!

Make it even more fun by dressing up in an outfit of your choice.

How about a special hat for a tea party?

Bring a lawn chair if you wish - or one to share.

We look forward to joining with others from our faith family in the beauty of the garden.

Sponsored by the OSLC gardeners and MCFF Table



Lake Superior Nibi Walk (note change in dates)



In early August, join Our Saviours' members for a day of walking along Lake Superior with indigenous leaders. We are invited to join a Nibi walk to honor and protect Lake Superior while enjoying the outdoors. The Nibi (Water) Walks are Indigenous-led, extended ceremonies to pray for the water. Every step is taken in prayer and gratitude for water, our life giving force. The Lake Superior Nibi Walk will begin in Bad River, Wisconsin August 1, 2023 and travel clockwise around the lake for roughly 33 days. This walk is led by Sharon M. Day, Ojibwe and honors this great body of water and is a prayer for her health.

Members of Our Saviours are planning to join the Nibi Walk on **Monday, August 7**, in the area of Silver Bay to Lutsen, MN.

We plan to have a "sag wagon" so participants can walk as much or as little as they are able. To sign up or with questions about joining the walk, please contact Mike Troutman (miketrouman@gmail.com)

For more info on Nibi walks go to: <http://www.nibiwalk.org/about/>

Lutheran Night at Target Field

Come see the Twins play the Tigers on Tues Aug 15th at 6:40pm on Lutheran Night. Tickets are \$29 and are in section 220, rows 1-2.

Sign up at church or email Nancy Nygaard Johnson at n2j2@comcast.net.

Orders are due by Sunday July 23rd.



Community Emergency Service (CES) needs your help

A recent email from CES reminds us that school is out and parents have to provide an additional meal for their kids. Demand for food continues at an all-time high. Help CES provide kid-friendly foods this summer.

The following items are in high demand. If you can help out, please bring your donations to OSLC and leave them in the coat room. Thank you in advance.

Granola bars * Juice boxes * Fruit cups * Peanut butter * Jelly * Canned soups, pasta meals & stews

Save the date: Open Streets Cedar Riverside

August 20 from 11-5

The Outreach table has reserved a table at Open Streets Cedar Riverside on August 20 from 11-5. If you are interested in being part of our presence at that table on that day, and have ideas for what we might do, please reach out to Aneesa Parks or Pastor Martha. We look forward to being present in the community together!

Women's Wilderness Adventure

The 50th Women's Wilderness Adventure will be gathering at Wilderness Canoe Base on September 7-10. Please join us for this special event. For more information talk to Linda Thorson or Shar Hauer.

Registration link coming in July.

Little Library needs books!

Our little library is in need of more books. If you have children or adult books at home you want to donate, leave them in the two bins right inside the Chicago Ave entrance.

Wilderness Canoe Base Intergenerational Retreat *Aug. 3-6 (Thur. - Sun.)*

There is room for a few more people.

The north woods are beautiful in August. WCB is located 6 hours from the Twin Cities on Seagull Lake which is part of the Boundary Waters area. Family activities include canoeing, swimming, hiking, campfires and more. We'll be staying in the camp's cabins and all meals will be provided.

A deposit of \$50 per person will hold a spot for you. Full payment is due July 20th. (Adults - \$306, Youth 12 & up - \$276, Child 3-11 \$246)

Register soon: <http://lwlbc.com/oursaviourintergen2023>

Join our email list for more information by calling or writing Jeanne Heer 763-954-1552 heerjm@gmail.com.



Passing on the candle

Amy Blumenshine

International peace-making can be considered a relay effort in which we each have a role to play. “In the chronicle of conscientious actions, one candle lights another,” reflected Robert Ellsberg, after his father, Daniel, died June 16. This article seeks to follow that tradition of candle-lighting.

A giant candle was lit as the world united to “to save succeeding generations from the scourge of war” with the formation of the UN on June 26, 1945. The UN offered frameworks for cooperation on international issues. International institutions were to solve conflicts according to a legal protocol instead of by the vulgarity of destructive force. While much good has been accomplished via the UN, unfortunately, the horrors of war continue.

As US citizens, it behooves us to examine – and light with the lament candle-- our own nation’s involvement in war. According to a recent study, death tolls from the wars “of choice” following 9/11 could be at least 4.5 million. (<https://watson.brown.edu/costsofwar/figures/2023/IndirectDeaths>) That staggering tally of provoked loss of life will increase because this count includes not just combat but indirect deaths attributable to war. War destroys infrastructures of survival like water, health, housing, and economies; spreads contamination for future harm; and seeds future violence.

Clearly, the current refugee crisis (103 million) is amplified by those displaced by war and the climate chaos that war accelerates.

In June, we lost to death at 92 a peace-maker who began by telling the truth about the Vietnam War. Daniel Ellsberg sought to stop the immoral war-making in SE Asian countries by bringing light to the truth about that war. For inspiration, read some of his obituaries at <https://www.ellsberg.net> He spent the last 50 years continuing to tell the truth--often disturbing--about the historic harm caused by US foreign interventions, especially the human costs of those interventions. His last book was a confession of how he had participated in the insanity of nuclear war planning, effectively threatening mass murder and global annihilation, which he came to realize was immoral for any reason.

Ellsberg also saluted Julian Assange as a heroic man of conscience. Assange published information documenting crimes by many nations’s governments, including those of the US in Afghanistan, Iraq, and Guantanamo. Assange has already suffered 13 years of confinement under threat of assassination or extradition to the US. Those who committed the crimes he revealed have not been punished. Long-term prisoners without trials --survivors of torture--even continue to be held at Guantanamo. A June UN report details the suffering of current and former detainees. { <https://www.ohchr.org/en/press-releases/2023/06/expert-welcomes-historic-visit-united-states-and-guantanamo-detention> }

In a recent interview Ellsberg noted, “We all care about those in our circle, our group, our tribe. But who cares about the others? About those outside our group, our country? About other species? About future generations?” As for him, said Ellsberg, “I identify with those who care about the others. Those people are my tribe.”

We are something of a tribe at OSLC, hopefully lighting each others’ candles of conscience, as we claim kinship with those who care about “the others” claimed by Ellsberg. As I read Ellsberg’s son Robert explain that his father “even with his waning strength .. kept telling us to remind people of their obligation to protect the

world and its creatures”—I also hear the candle-lighting voice of young Sadie at the June 25 Daycamp Sunday Service, urging us to action to protect the creatures of the land and water.

According to his son, Dan Ellsberg didn't necessarily think that his actions could save the planet. But he couldn't bear the thought that he had not done everything in his power to help. He believed that far more harm was done to the country by keeping illegal and immoral actions secret than by revealing them.

Continued son Robert Ellsberg: “The lesson is that you just don't know what can happen. If we do avoid catastrophe, it may similarly depend on very unlikely and seemingly accidental twists of fate. Which may be another word for grace.”

Action item:

For those who share my outrage that US supplied helicopters were used by Israel to bomb a Palestinian refugee camp recently, please call your federal representative urging support of H.R. 3103.

The bill has three areas of focus: 1) detention of Palestinian children; (2) the seizure or destruction of Palestinian property, including the forced transfer of Palestinians from their homes, and; (3) further annexation of Palestinian land. It also makes US aid to Israel contingent upon compliance with US and International Law around human rights and the treatment of children.

<https://www.congress.gov/bill/118th-congress/house-bill/3103/cosponsors?s=1&r=49>

Thank Betty McCollum for sponsorship and Ilhan Omar for co-sponsoring.

The long-standing conflict over land in Israel-Palestine concerns Israel's multi-decade violation of the UN mandate that nations cannot annex territory by force.



From Left, brother and father of Julian Assange along with Coleen Rowley, local FBI whistle-blower at St. Paul event.

Lectionary Text for Home Devotions

July 2

Jeremiah 28:5-9
Psalm 89:1-4, 15-18
Romans 6:12-23
Matthew 10:40-42

July 9

Zechariah 9:9-12
Psalm 145:8-14
Romans 7:15-25a
Matthew 11:16-19, 25-30

July 16

Isaiah 55:10-13
Psalm 65:[1-8] 9-13
Romans 8:1-11
Matthew 13:1-9, 18-23

July 23

Isaiah 44:6-8
Psalm 86:11-17
Romans 8:12-25
Matthew 13:24-30, 36-43

July 30

1 Kings 3:5-12
Psalm 119:129-136
Romans 8:26-39
Matthew 13:31-33, 44-52

The Sentinel Vol. LXII, No. 7
is published by
Our Saviour's Lutheran Church.
2315 Chicago Ave
Minneapolis MN 55404



Prayer List

- Gary Simpson, recovering from open heart surgery
- Joey, Mary and Lynn Bargaen's grandson, hospitalized with an infection
- Paul Rogers, in palliative care for cancer
- Anton Moore, undergoing physical therapy
- Peace in Ukraine and in the world

How to Reach Us

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Mary Preus option 6
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Office Manager:
Marcin Cienski option 7

OSCS 612-871-5900
Executive Director:
Michael Huffman option 1

**Deadline for the August 2023 Sentinel
is Monday, July 24**

July 2023 at Our Saviour's

Sunday, July 2	10:30am	Worship in Sanctuary and Online
Wednesday, July 5	10:15am-12:00pm	Online Bible Study Join in person at the church or Zoom
Saturday, July 8	9:00am-11:00am	Property Work Day
Sunday, July 9	10:30am	Worship in Sanctuary and Online
	12:00pm-2:00pm	Council Meeting
Tuesday, July 11	12:45am-2:00pm	Staff Meeting (CR)
Wednesday, July 12	10:15am-12:00pm	Online Bible Study in Person (HC) and on Zoom
Sunday, July 16	10:30am	Worship in Sanctuary and Online
Tuesday, July 18	12:45pm-2:00pm	Staff Meeting (CR)
Wednesday, July 19	10:15am-12:00pm	Online Bible Study on Zoom
Saturday, July 22	11:00am	Funeral for Nancy Pederson
Sunday, July 23	10:30am	Worship in Sanctuary and Online
Monday, July 24	5:00pm-6:30pm	Finance Committee Meeting on Zoom
Tuesday, July 25	12:45am-2:00pm	Staff Meeting (CR)
Wednesday, July 26	10:15am-12:00pm	Online Bible Study on Zoom
Sunday, July 30	9:30am	Pop-up Garden Party
	10:30am	Worship in Sanctuary and Online

