

The Sentinel

*Our Saviour's Lutheran Church is a dynamic community,
centered in Christ, called nurtured and sent --
to celebrate, serve and do justice.*



OUR SAVIOUR'S
Lutheran Church

Sunday Worship – 10:30am

New Prayer Requests

Sequoya Knutson

Jeanne Asp

Zoe Massaquoi

Thanksgiving for the birth of **Lucia Brandel-Douglas**

(Additional requests are printed inside.
Thank you!)

How to Reach Us

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Pentecost and Beyond

Pastor Laurie Eaton

With undying hope we pray for the crowning gift of Easter – the Spirit of the risen Christ among us. (*Sundays and Seasons*, Year B 2018, p. 184)

During the season of Easter we dwell in the stories that recount the wide range of emotions the earliest disciples experienced after encountering the empty tomb. Mary of Magdala wept with grief, not knowing where the body of her Lord had gone. Later, hearing Jesus call her by name, her grief was turned to joy, and she became the first witness – the Evangelist to the Evangelists – as she proclaimed the good news to the other disciples.

Mark tells us the women who encountered the good news, “He has been raised; he is not here,” from the young man dressed in a white robe fled from the tomb seized with terror and amazement. Matthew’s gospel says the women left the empty tomb quickly with fear and great joy. And when, according to Luke, Jesus suddenly joined the disciples and showed them his hands and his feet, we are told they were “in their joy and disbelieving and still wondering...”

It is an amazing, joyful, disorienting, confusing, and fearful thing to encounter life where one expects only death. The range of emotions experienced by those first believers makes perfect sense. It makes sense for us as well. But in and through their doubts and questions, their joys and fears, they were sent to give witness to what they had experienced of the Living Christ. And so are we.

This year on May 20th, fifty days after Easter, we will celebrate the Day of Pentecost – the day in which the gift of the Spirit is poured out upon the whole community of believers, empowering them to speak about “God’s deeds of power” in languages that all could understand. With a sound like a mighty rush of wind, and divided tongues, as of fire, Christ’s Living Spirit breathed in them and the witnessing church came to birth.

Our world is in deep need of a faithful word of witness from Christ’s church. We can no longer assume that “everyone” knows the story

of Jesus' radical and inclusive love. Too few have heard the Good News that they are uniquely created in the image of God, chosen and beloved. There is little understanding of the truth that Jesus reveals the gracious mercy of the One who creates and sustains all that is. We have something precious and life-giving to share, and the need is great.

Coming as it does right before Memorial Day weekend, it's easy to feel that Pentecost serves as sort of a "last day of school" kind of day – setting us free for a summer schedule. In certain ways that is accurate: May 20th is our last day of education programming for the academic year, and some portion of our members will be away, opening Wilderness Canoe Base for their summer season. But once the Spirit is given, it doesn't go away. Christ's Spirit doesn't take the summer off.

We'll continue to gather for weekly worship every Sunday morning; to hear again of God's great deeds of power, to be fed with Christ's body and blood that forms us into Christ's Body. We will experience the Spirit's presence in and through and among the gathered community. Perhaps we can imagine being blown out the doors of the church each week, freed to speak about the joyful community that we share. Freed to let the Spirit shape our interactions with others, that they may see themselves as God's beloved. Freed to share what we have with those in need. Freed to trust that Christ's Spirit actually does live and breathe through us! Because indeed:

With undying hope we pray for the crowning gift of Easter – the Spirit of the risen Christ among us. (*Sundays and Seasons*, Year B 2018, p. 184)

Mission of the Month: Our Saviour's Housing

Sandy Aslaksen

Our Saviour's Community Services is a social services agency dedicated to addressing needs in our neighborhood. Our Saviour's Housing is one of these programs.

Maybe you know the work of Our Saviour's Housing because you have served a meal at our shelter. If this is true, thank you! For many meal providers this is a powerfully positive experience. But there is so much more that we do, beyond meals...

What is special about OSH is its focus on increasing skills. Over 600 people each year find the

encouragement and hope they need to get into housing. The programs of OSH do much more than address homelessness. We build capable, involved community members. In this way, we work to improve lives.

This is illustrated well in Allison's story:

Sober, Housed and Never Going Back

Allison had it all—a supportive family, good job, new car, nice place to live, and money in the bank. That's why when a friend invited her to try crack for the first time, she told him, "Oh, I can't do that. My life is too good. I've got to be there for my daughter. People who do that stuff aren't successful."

Her friend responded, "Well, I've been smoking crack for years. Not everybody fails doing it." This was a revelation. After a couple of beers with her friend, Allison began to think maybe it wasn't such a big deal. She reasoned, "What the heck? I can try it once and say no after that." She took her first hit, and that was it. Allison was hooked.

Six months into her drug use, things started to unravel. Instead of paying her electricity bill or rent, Allison spent her money on the next high. The worst part was the damage she did to her relationships, especially with her twelve-year-old daughter, Katrina, and her parents. She says, "When you're using, it's so easy to burn those bridges because you're thinking about yourself. You're not thinking about how you're hurting somebody else. It's serious tunnel vision, and you'll do anything to get that stuff."

Over the next few years, Allison bounced between her parents' place and apartments, keeping the same bad habits. This eventually led to Katrina living permanently with Allison's parents and Allison entering the shelter system, where she would stay for three-and-a-half years. Then one day, Allison's case manager at the shelter told her, "Okay, I got a place, but you're going to have to interview like it's your life." ...

To learn more about Allison's path to housing, find her story on our website:

www.oscs-mn.org/oursaviourshousing

To make a contribution, please write "OSH" on your pew envelope or the memo line of your check. To volunteer, please email volunteer@oshousing.org.

Summer Day Camp 2018:

Love Your Neighbor

Pastor Martha Schwehn Bardwell

This year, our collaborative, ecumenical, homemade day camp is back, and the dates are June 18 – 22. All entering K - 8th graders are welcome as campers, and 9th – 12th graders are invited to be stipended youth leaders. I'm looking forward to being a director again this year! It's always a joy!

Day camp runs on volunteer support. Adults in the congregation who have time that week between 9 – 4 to be present with our kids, or who could support in another way (like bringing snacks or making dessert for one of the lunches), please get in touch with me.

Registration is open now; please register your child(ren) by June 1. A link to the registration form is found below. Copies are also available in the narthex.

<http://oursavioursmpls.org/day-camp.html>

Adult Forums in May: Conversations about Race in Minnesota Start at 9:00am Sharp!

Pastor Martha Schwehn Bardwell. Note also the following two articles, which are related.

We only barely got started with our congregational book study in April. We will continue to dig into *A Good Time for the Truth: Race in Minnesota* together on Sunday morning adult forums. We plan to begin conversation right at 9:00am – so please be timely! If you haven't picked up a copy of the book yet, you should be able to find one at your local library. Our conversations do not require reading ahead; however, reading ahead will certainly deepen your learning and reflection.

May 6 – We will welcome David Lawrence Grant, author of the chapter, "People Like Us."

May 13 – We will discuss "Brutal" by Bao Phi, a performance poet and writer who grew up in the Phillips neighborhood

May 20 – We will discuss "The Price We Pay: How Race and Gender Identity Converge" by Andrea Jenkins, an artist and activist who now serves as the city council member of Ward 8 in Minneapolis.

May 20 is our last forum for the spring. This need not be the end of our book study, however! If people are interested in continuing the conversation over the

summer, contact Pastor Martha or Pastor Laurie. People could offer to host conversations at their homes, or we could meet before or after church in the summertime to talk more.

Jesus, Starbucks & Super Friends

Judith Roberts serves as the ELCA Program Director for Racial Justice. This blog entry was posted April 20, 2018, by Racial Justice Ministries.

When I was a kid I thought of Jesus as my personal superhero. My maternal grandmother Emogene gave me a children's bible—filled with colorful pictures depicting the works of Jesus. I loved that book and the promise that it held. I likened its gospel message to a comic book filled with villains, action, and Jesus as the Saviour with the mysterious powers. He walked on water, fed the masses, healed the sick, and stood up to the bullies. And the most exciting part of the Good News message was that I too could grow up to be just like Him. For Jesus said, "Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these..." (John 14:12 NRSV).

It was Jesus, along with the Super Friends, Davey and Goliath that were all part of my imaginative childhood faith formation that good and God could conquer evil. This was the 1970s and unfortunately, Saturday morning cartoons didn't feature many examples of racial diversity. However, I enjoyed Davey and Goliath because 1) he was Lutheran and 2) he had friendships with Jonathan Reed and Cisco both people of color. The mission of the all-white main cast of Super Friends (Wonder Woman, Superman, Batman, Robin and Aquaman), each with their unique powers, was to fight injustice, to right that which was wrong and to serve all humankind. Who wouldn't want friends like these?

This week, Starbucks the American coffee company chain was pulled into the national spotlight, when a store manager in the Center City section of Philadelphia, refused restroom access to a black man because he hadn't made a purchase. Starbucks store guests, Donte Robinson and Rashon Nelson both 23-year-old black males arrived at the Starbucks for a professional business meeting with a local real estate developer Andrew Yaffe. After denying access to the restroom, the store manager called 911. Police officers responded by arresting the two men for trespassing and escorting them away in handcuffs. The treatment of the two men ignited protests and a sit-in at the

establishment. Subsequently, the charges against the men were dropped; the manager was removed as an employee from the location; an apology was issued from the Philadelphia Police Commissioner and a personal apology from Starbucks's CEO Kevin Johnson; followed by a commitment to educate its employees on implicit racial-bias across 8,000 stores. Implicit racial bias refers to the attitudes or stereotypes that affect understanding, actions, and decisions in an unconscious manner. The goal of the training is to promote conscious inclusion and prevent discrimination within and across the organization.

At the heart of this story for me is Melissa DePino – a 50 years old white female that videoed and posted the incident on Twitter. Although the story isn't about Melissa DePino – it is about what she did in the moment. DePino wasn't just a bystander while two people of color were handcuffed and humiliated – she used her very human powers to be an upstander.

To view the video click <https://t.co/OU4Pzs55Ci>.

*@Starbucks The police were called because these men hadn't ordered anything. They were waiting for a friend to show up, who did as they were taken out in handcuffs for doing nothing. All the other white ppl are wondering why it's never happened to us when we do the same thing.
pic.twitter.com/OU4Pzs55Ci*

-- Melissa DePino (@missydepino) April 12, 2018

Melissa DePino is my shero (female hero) of the week — because more than likely by this time next week another story of racism will make headline news. DePino used her white privilege to expose the unfair discriminatory treatment people of color face on a regular basis; she held Starbucks accountable for their actions by exposing the situation and she named her own experience of white privilege. Her post revealed the pervasive reality of racism and white culture. In the curriculum, *Transforming White Privilege: A 21st Century Leadership Capacity* (an online resource developed by a grant from the Kellogg Foundation) white culture is defined as the dominant, unquestioned standards of behavior and ways of functioning embodied by the vast majority of institutions in the United States. White culture defines who looks professional, who is a threat to society and to whom the rules apply.

What if people of color had more white super friends like Melissa DePino? White leaders that activate their powers whenever they see a person of color in distress

because of the evil actions of racism. White leaders willing to put their whole bodies on the line for racial justice. No one can say for sure what could have happened to Rashon Nelson and Donte Robinson if there wasn't a video of this incident. However, the historical and daily realities of black and brown people that find themselves accused, abused and dehumanized by a society that devalues them is real. The problem of racism in America will not go away with a day of training of 175,000 employees of Starbucks but it is a start. Melissa DePino's actions should serve as a reminder to all of us that believe in justice that we too are superheroes. Every day we can show up as transformers for racial justice following the example of Jesus the "Holy Disruptor" by speaking up when we see or hear something; informing our networks through social media; showing up in support with others at public actions, rallies and marches, holding institutions accountable and by voting for elected officials that work for equity and inclusion for all of us.

Plan "Minneapolis 2040" – Not Deepening the Disparity

Excerpted from Councilmember Abdi Warsame's newsletter, April 16, 2018

A few weeks ago, the City of Minneapolis released a draft of ...[an] online plan,

[<https://minneapolis2040.com/>]

called Minneapolis 2040...The goal is to provide a 20-year roadmap to follow so the existing disparities will not deepen and Minneapolis can be a city that works for everyone who lives here...Comments will be collected at public meetings as well as online through July 22, 2018. That feedback will be taken into consideration as City staff revises the plan for City Council consideration.

Comments can be made at minneapolis2040.com/ or shared on Twitter: #Mpls2040 @Mpls2040

Opportunities to Serve Our Neighbors

Tezra Osthus on behalf of the Outreach Table

There are many ways that we as Our Saviour's serve our neighbors. The Outreach Table wanted to share a few opportunities with you on what's been happening - some you may already know about and others, perhaps, may be a new way you want to get involved. If you are interested or have more questions, please contact Pastor Laurie.

- **Little Library** – Thank you to everyone who has brought in books! It is quite popular and the books are "checked out" frequently. If you have any books for children or adults that you would like to donate, we'd love them! There are boxes near the front door.

- **Quilting** – We continue to have a number of community members join us for quilting on Wednesdays 12:00pm-4:30pm (Note: we do meet less frequently in the summer, so be sure to check the calendar if you plan to join us). If you've never visited, stop by! If you want to learn to sew or quilt, please come! We have been able to donate many quilts to community members ... but we are running low on supplies! If you have fabric, sheets, batting, or money you could donate to community quilting, we would greatly appreciate it!

- **Organics Recycling** – You have probably noticed the compostable bags we've been using for paper towels in the bathrooms and for food in the kitchen. However, we will no longer be able to continue this type of recycling, as there have been too many non-organic materials found in our green bin outside. If you feel passionately about organics recycling or have ideas for a solution, please let us know!

- **Sheridan Story** – Through your generosity, we have been able to provide weekend food for 27 students at Hope Academy (the school across the street). If you are interested in helping for the 2018-2019 school year, keep an eye on the bulletin for updates about when we'll be collecting donations.

- **Breaking Free** – We still provide snacks to a group for women who are exiting sex trafficking. We do this on Thursdays and are looking for more volunteers to help (both donate/prepare snacks and deliver them).

- **God's Work, Our Hands** – We will again gather as a community for service projects after church on Rally Day - September, 9th. Mark your calendars!

Come to Brews for Justice – the LVC Annual Fundraiser, May 21, 7-9pm

Pastor Martha Schwehn Bardwell

Lutheran Volunteer Corps has significantly impacted Our Saviour's in so many ways. Many of us are alums of the program (myself included!) and were profoundly shaped by the experiences we had living simply, practicing intentional community, and working for justice. Others of us have supported volunteers who live across the alley at Winona house over the years.

On Monday, May 21, from 7:00-9:00 pm, LVC is having their annual fundraiser: Brews for Justice. The event will be at Sisyphus Brewing, 712 Ontario Ave. W, Minneapolis. Beer and Appetizers will be available, and the cost of the event is \$35 for recent alums (5 years) and \$50 for general admission.

I hope you can make it out to support Lutheran Volunteer Corps – whether or not you are an alum yourself!

From Community Emergency Service (CES)

Mike Lloyd, Executive Director

Thank you for your support. We are deeply grateful for your donation of \$1827 and 215 pounds of food to Community Emergency Service. Gifts like this assist low-income families and individuals in the inner city. Your support is greatly appreciated... This year, CES will serve over 90,000 hot meals to homebound seniors and deliver nearly 600,000 pounds of groceries to others in our community as well as address emergency needs. Neighbors come daily to our Food Shelf, many others receive groceries from our Home Delivery program – all at no cost to recipients, and all made possible because your support. God bless you for helping those in need!

Reminder – A Call for Recipes – and a Potluck on Pentecost (May 20)

Submit your recipes for Our Saviour's Lutheran Church 150th Anniversary Cookbook. We seek dishes meaningful to you and your family which reflect our diversity – Scandinavia, Liberia, Mexico and all over the US.

Be sure to save the date, Sunday, May 20. On that day, bring one of your submitted dishes to our Pentecost Potluck to share your story about it and have it photographed for the cookbook. Recipe submission sheets are available on the table in the narthex or from the office, or submit your recipe(s) online here: <http://tiny.cc/oslc150>

Cookbooks will be available later for purchase – both printed and digital versions. If you have questions, please ask Glenda Elder or Zac Baker.

Annual Wilderness Canoe Base Work Weekend.

May 18-20 – Let's help WCB get the camp ready for campers! There is time for work and play. We'll head up Friday and return Sunday evening. All ages welcome. Please sign up at church by Sunday, May 13. Cost TBD. Any questions, contact Nancy Nygaard Johnson at n2j2@comcast.net.

Sunday School and Godly Play – May 20th is the Last Day

Nancy Nygaard Johnson and Pastor Martha Bardwell

The last day of Sunday School/Godly Play until fall is Sunday, May 20. Thanks to everyone who helped with Sunday School and Godly Play: Suzanne Burke, Cindy Devereaux, Nathan Lind, Nancy Nygaard Johnson, Linda Thorson, Matt Schroeder, Elle Ellerbee, Margaret Kinney, Lucy Selander, Jen Thaney, Krista Lind, Laura Hauer, Kim Smith, Elaine Johnson, Maggie Wells, Mary Preus, Ken Lewis and Patrick Herson.

Save the Date! Pack & Store CES Volunteer Opportunity

Saturday, June 2; 9:00–11:00am at Community Emergency Service, 1900 11th Ave S, Minneapolis. Pack groceries for future delivery. All ages welcome. Contact Maryellen with questions and to sign up. (skan@umn.edu or 612-623-7805)

Requests for Your Continuing Prayer

Please lift up these brothers and sisters in prayer:

Lynn Barga

Glenda Elder

Deb Swenson- Klatt

John Thurow

Karen Wogstad (Marki's sister)

Naomi Hartman (Amy's mother)

Joe English

Joseph (Amanda Steepleton's father)

Darrel (Laura Kehrberg's father)

Lectionary Texts for Home Devotions

May 6: Acts 10:44-48; Psalm 98; 1 John 5:1-6; John 15:9-17.

May 13: Acts 1:15-17, 21-26; Psalm 1; 1 John 5:9-13; John 17:6-19.

May 20: Acts 2:1-21; Ezekiel 37:1-14 (alternate); Psalm 104:24-34, 35b; Romans 8:22-27; Acts 2:1-21 (alternate); John 15:26-27; 16:4b-15.

May 27: Isaiah 6:1-8; Psalm 29; Romans 8:12-17; John 3:1-17.

May at Our Saviour's

Tue May 1	ELC is on break 'til May 14 12:30pm	Staff Mtg (CR)
Wed May 2	10:15am Noon – 4:30pm 7 – 8pm	Bible Study (CR) Quilting (HC) Choir Practice (S)
Thu May 3	7 – 9am	Women's Brkfst @ Birchwood
Fri May 4	Synod Assembly (@ Lord of Life, Ramsey); Office Closed 6:30 – 7:30am 7 – 10pm	Men's Breakfast @ Butter Narc Anon(HC)
Sat May 5	Synod Assembly concludes	
Sun May 6	9 – 10am 10 – 10:30am 10:30 11:30am – 1pm 1 – 4pm	Educ (all ages) Adults: David Lawrence Grant Coffee (HC) Worship (S) Exec Com (CR) Confirmation Year-End Party (HC, K, bread oven,S)
Mon May 7	7 – 8:30pm	Church Council (CR)
Tue May 8	12:30 – 2pm	Staff Mtg (CR)

Wed May 9	10:15am– 12pm Tentative: no 7 – 8pm	Bible Study (CR) Community Quilting Choir Practice (S)	Mon May 21	9 – 11am	Archives Committee (basement)
Thu May 10	7 – 9am	Women's Brkfst @ Birchwood	Tue May 22	12:30 – 2pm 6 – 7pm	Staff Meeting (CR) OSCS Exec Com Mtg (CR)
Fri May 11	Office Closed 7 – 10pm	Narc Anon (HC)	Wed May 23	10:15am 12 – 4:30pm	Bible Study (CR) Quilting (HC)
Sat May 12			Thu May 24	Sentinel Deadline 7 – 9am	Women's Brkfst @ Birchwood
Sun May 13	9 – 10am 9 – 10am 10 – 10:30am 10:30am	Educ (all ages) Godly Play (GP) Coffee (HC) Worship (S)	Fri May 25	Office Closed 7 – 10pm	Narc Anon (HC)
Mon May 14	ELC classes resume 6 – 7:30pm	OSCS Board Mtg (CR)	Sun May 27	10 – 10:30am 10:30	Coffee (HC) Worship (S)
Tue May 15	12:30 – 2pm 6:30 – 8:30pm	Staff Mtg (CR) MCFE mtg (off site)	Mon May 28	Memorial Day –	Office is Closed; ELC is on break
Wed May 16	10:15am 12 – 4:30pm 7 – 8pm	Bible Study (CR) Quilting (HC) Choir Practice (S)	Tue May 29	12:30 – 2pm	Staff Mtg (CR)
Thu May 17	7 – 9am	Women's Brkfst @ Birchwood	Wed May 30	10:15am	Bible Study (CR)
Fri May 18	Wilderness Canoe Base Work Weekend (Friday-Sunday at WCB); Office Closed 7 – 10pm	Narcotics Anonymous (HC)	Thu May 31	7 – 9am 6:00pm	Women's Brkfst @ Birchwood Exec Com (CR)
Sat May 19	WCB Work Weekend continues				
Sun May 20	Pentecost 9 – 10am 10 – 10:30am 10:30am After Worship After Worship WCB Work Weekend concludes	Education (all ages) -- Last Day of Sunday School Coffee (HC) Worship (S) Potluck (HC) for 150th Anniversary Cookbook Prayer Shawl Meeting (CR)			



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