

The Sentinel



*Our Saviour's Lutheran Church is a dynamic community,
centered in Christ, called, nurtured and sent --
to celebrate, serve and do justice.*



OUR SAVIOUR'S
Lutheran Church

Sunday Worship Service 10:30am

Prayer Requests

(List included as
separate page)

How to Reach Us

2315 Chicago Ave, Mpls MN 55404
www.oursavioursmpls.org
Phone : 612-871-2967

Pastors:

Laurie A. Eaton option 3
Martha Schwehn Bardwell (on leave until
October 16, then available as option 4)

Music Director:

Mary Preus option 6

Business Manager:

Diane Palmer option 5

Office Manager:

Deborah Smith option 7

OSCS Executive Director:

Sandra Aslaksen, Deacon 612-871-5900
 option 1

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Mission of the Month – the English Learning Center

Sandy Aslaksen

Why Arli Smiles

I am always touched and amazed by the joy I see expressed in our students as they come into the classrooms each day. One particular student – who comes in the afternoon – comes to mind. I'd like to share with you about Arli.

Often the first to arrive for class, Arli is one of our most extroverted students. She is frequently heard humming in the hallway, chatting in the student room, and greeting staff in the office.

Arli's been attending classes at the ELC for one year this month, but it feels like she's been part of this community for much longer. Her enthusiasm and positive attitude are contagious, instantly making her everyone's friend.

What makes Arli so happy? She explains, "My teachers who help [with] math and to speak, write, and read in English. Before this school, no reading or writing." Growing up in a small town in Somalia, Arli did not have the opportunity to attend school because there were not many nearby. She also has a physical disability and didn't have a wheelchair to help with a daily commute. In fact, it wasn't until age 15 that Arli received her first wheelchair in a refugee camp in Ethiopia.

Visit www.oscs-mn.org/englishlearningcenter to learn more about Arli's story – and the impact your gift can make on her life!

Let's Clean Up Our Act! Save the Date.

Please set aside some time to help out on Saturday, October 28. We'll be working from 9:00am until about 1:00pm on tasks like laying and taping down our winter carpets. It's time to get ready for the you-know-what season. (Shhhhhh...don't say the S-word.)

Current for Curran

Maryellen Skan

Your generous gifts during July and August (Mission of the Month) helped raise over \$2600 for Curran Hospital in Liberia. The funds will help provide clean, renewable and reliable solar energy for Curran hospital. Additional benefits from this program include reduced pollution and building the solar workforce in Liberia. *Current for Curran* is the second WELCA (Women of the ELCA)-driven, world-changing project for rural electrification around the world. Thanks for your support!

A Long Trek into Healing

Amy Blumenshine

You are invited to OSLC on Friday, October 20, 7:00pm, for a free screening and discussion of *Almost Sunrise*, a story of veteran resilience and recovery. The Coming Home Collaborative will be screening the feature documentary by Michael Collins & Marty Syjuco in advance of the national premier November 13 on some PBS stations.

In the promotional material, a vet speaks: "Love is the opposite of war... 'I terminated all that love in all those people's lives' – that's an awful thing to live with."

The film follows two Iraq veterans (both from Wisconsin) who struggle with depression upon returning home. Fearful of succumbing to the epidemic of veteran suicide, they embark on a 2,700-mile walk across America as a way to confront their inner pain. They discover an unlikely treatment: the restorative power of silence and meditation.

While the physical trek across snowy mountains and vast deserts is punishing, the inner journey proves to be, by far, the most dangerous mission Tom and Anthony will ever undertake. Like many of their fellow returned servicemen and women, they cope not only with post-traumatic stress disorder (PTSD), but unseen battle scars – "moral injury" – often manifested as guilt or shame for a range of perceived shortcomings like failing to prevent injury to others, or failing to bear witness to injustice.

"I didn't sign up to terrorize people," says Emmet Cullen, a veteran who completed military training with Tom, recalling an instance in which he was commanded to arrest a group of Iraqi men whom he knew in his conscience to be innocent of a serious

crime. "To this day, I don't know what happened to them."

Almost Sunrise is the first feature documentary film to introduce the emerging term "moral injury." What PTSD is to the Vietnam War, some experts believe moral injury may soon become for today's conflicts, eventually recognized as the signature war wound of our generation.

This event is a collaboration with POV, PBS' award-winning nonfiction film series. Learn more at <http://www.pbs.org/pov/>

Announcements

In the [Heart] of the Streets. OSCS Benefit will be held Thursday, October 26, at Minneapolis Central Library, 300 Nicollet Mall. Reception with hors d'oeuvres, drinks, raffles, 5:30pm; Program featuring *In the Heart of the Beast*, 6:30pm; Live auction, 7:00pm, Dessert buffet, 7:30pm. Tickets \$45. Please register at www.oscs-mn.org/heart.

CES Volunteer Opportunity – 'Pack & Store'! Saturday, October 7 from 9:00 to 11:00am. Pack Groceries for delivery to clients at a later date. All ages welcome. Contact Maryellen with questions or to sign up. (skan@umn.edu or 612-623-7805)

Back to School Lunches. The CES food shelf needs the following items for lunches (packed and at-home): 100% fruit juice, peanut butter, jam/ jelly, canned foods - tuna, chicken, soups, stews, and pasta meals; spaghetti sauce & noodles, and macaroni & cheese. Donations can be dropped off in the coat room under the first rack.

Lectionary Texts for Home Devotions

October 1: Ezekiel 18:1-4, 25-32; Psalm 25:1-9; Philippians 2:1-13; Matthew 21:23-32

October 8: Isaiah 5:1-7; Psalm 80:7-15; Philippians 3:4b-14; Matthew 21:33-46

October 15: Isaiah 25:1-9; Psalm 23; Philippians 4:1-9; Matthew 22:1-14

October 22: Isaiah 45:1-7; Psalm 96:1-9 [10-13]; 1 Thessalonians 1:1-10; Matthew 22:15-22

October 29: Jeremiah 31:31-34; Psalm 46; Romans 3:19-28; John 8:31-36

October at Our Saviour's

Sun Oct 1	9 – 10:00am	Education (all ages) -- Adults: What Is a Person?	6:30 – 7:30pm	Approaching Mark (HC)
	10:00am	Coffee (HC)	7:30 – 8:30pm	Choir Rehearsal (S)
	10:30am	Worship (S) -- Blessing of the animals	Thu Oct 12	7:00 – 9:00am
	After worship	Exec Comm (CR)	Fri Oct 13	Office Closed
	1:00 – 4:00pm	Reformation Confirmation (Luther Sem)	Sat Oct 14	1:00 – 6:00pm
Tue Oct 3	12:30pm	Staff Meeting (CR)	Sun Oct 15	9 – 10:00am
	7:00 – 8:30pm	Chrch Counc (CR)		9 – 10:00am
Wed Oct 4	10:15am	Bible Study (CR)		10:00am
	12 – 4:30pm	Quilting (HC)		10:30am
		Wednesday Connections		After worship
	5:30 – 6:30pm	Meal (HC)		After worship
	6:30 – 7:30pm	Prayer Around the Cross (Grotto)	Mon Oct 16	9 – 11:00am
	7:30 – 8:30pm	Choir Rehearsal (S)		6:00 – 7:30pm
Thu Oct 5	7:00 – 9:00am	Women's Brkfst @ Birchwood	Tue Oct 17	12:30pm
	1:00 – 3:00pm	Priv. Rehearsal (S)	Wed Oct 18	10:15am
Fri Oct 6	Office Closed			12 – 4:30pm
	6:30 – 7:30am	Men's Breakfast @ Butter		
Sun Oct 8	9 – 10:00am	Education (all ages) -- Adults: Conversation Circles		Wednesday Connections
	10:00am	Coffee (HC)		5:30 – 6:30pm
	10:30am	Worship (S)		6:30 – 7:30pm
	12 – 1:00pm	Outrch Tbl (HC, K)		7:30 – 8:30pm
Mon Oct 9	6:00 – 7:30pm	OSCS Brd (CR)	Thu Oct 19	Sentinel Deadline
Tue Oct 10	12:30pm	Staff Meeting (CR)		7:00 – 9:00am
Wed Oct 11	10:15am	Bible Study (CR)	Fri Oct 20	Office Closed
	12 – 4:30pm	Quilting (HC)		6:30 – 7:00pm
		Wednesday Connections		7:00pm
	5:30 – 6:30pm	Meal (HC)		
	6:30 – 7:30pm	Godly Play (GP)	Sun Oct 22	9 – 10:00am
				9 – 10:00am
				10am
				10:30am

Tue Oct 24	12:30pm	Staff Meeting (CR)	Fri Oct 27	Office Closed	
	5:00 – 9:00pm	ELC Event (HC)		8:00 – 1:00pm	ELC Vista Tr (HC)
	6:00 – 7:00pm	OSCS Exec Com Mtg (CR)	Sat Oct 28	9:00 – 1:00pm	Church Clean-Up Day
Wed Oct 25	9:00 – 1:00pm	ELC Event (HC)	Sun Oct 29	9 – 10:00am	Education (all ages) -- Adults: Conversation Circles
	10:15am	Bible Study (CR)		10:00am	Coffee (HC)
	12 – 4:30pm	Quilting (HC)		10:30am	Worship (S)
				After worship	Finance Comm Mtg (CR)
			Tue Oct 31	12:30pm	Staff Meeting (CR)
Wednesdays Connections					
	5:30 – 6:30pm	Meal (HC)			
	6:30 – 7:30pm	Godly Play (GP)			
	6:30 – 7:30pm	Gifts of Music (HC)			
	7:30 – 8:30pm	Choir Rehearsal (S)			
Thu Oct 26	5:30pm	In the [Heart] of the Streets -- OSCS Fundraiser (@Central Library)			
	7:00 – 9:00am	Women's Brkfst @ Birchwood			



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Prayer Requests

(for the Oct. Service)

Kay Knutson

Marki Wogstad's sister, Karen

Amy Hartman's mother, Naomi

Ed Lewis

Diane Rowe's mother, Mary

Cindy Devereaux's daughter-in-law, Sarah

Elton Claussen

Cam Rogers

Kim Smith's niece, Cassie

Kathleen Olsen and family
at the death of her father, Richard

Mike Troutman's parents

Amy Hartman and family
at the death of Amy's sister, Rose.